



# OILYMPIC'S RESTAURANT & LOUNGE

## APPETIZERS

<b>GF Veggies and Dip</b>	<b>6.67</b>
Assorted fresh vegetables with a side of ranch dip.	
<b>Poutine</b>	<b>Small 5.71      Large 7.62</b>
House cut fries with cheese curds, smothered in gravy.	
Add Beef Brisket	+4.29
<b>Spicy Pickle Fries</b>	<b>8.10</b>
Jalapeño battered pickles served with a cool sour cream dill dip.	
<b>Gyoza</b>	<b>10.24</b>
6 mini shrimp dumplings served with sesame soy and sriracha.	
<b>Dry Ribs</b>	<b>11.43</b>
Delicious garlic dry ribs served with carrots and celery.	
<b>Chicken Fingers</b>	<b>12.38</b>
Four lightly breaded chicken fingers served with fries and plum sauce.	
<b>Chicken Wings</b>	<b>12.38</b>
8 breaded wings, served with carrots and celery. Flavours: Hot, Mild, Honey Garlic, Honey Hot, Salt + Pepper, Sriracha Ranch, Sweet Chili, Teriyaki, and Garlic Parmesan.	
<b>Mussels</b>	<b>13.33</b>
One pound of East Coast steamed mussels in a light white wine, tomato and shallot cream sauce. Served with a grilled baguette for dipping.	
<b>Thai Chicken Lettuce Wraps</b>	<b>13.33</b>
Chicken, mushroom, onion, fried noodle, carrots, cilantro, cashew served with lettuce boats, hoisin and sriracha dipping sauce.	
<b>Beef Brisket Sliders</b>	<b>13.33</b>
Braised smoked brisket, shredded. Served with a white BBQ sauce, Jus, and Cajun Slaw.	
<b>Fish Tacos</b>	<b>13.33</b>
Cajun Fried tender pieces of Basa on 3 grilled mini tortillas. Served with a fresh mango salsa, slaw, cilantro and lime.	
<b>GF Nachos</b>	<b>16.19</b>
A heaping platter topped with cheddar and jack cheese, tomatoes, green onions, jalapeños, black olives, sour cream and salsa.	
Add Chicken or Beef	+3.81
Add Extra Cheese	+3.81
Add Guacamole	+3.33

## SOUP & SALAD

<b>Soup of the Day</b>	<b>SM: 4.76      LG: 6.66</b>
Made fresh in house	
<b>Wor Wonton Soup</b>	<b>9.52</b>
Pork filled wontons, prawns, vegetables, noodles, broth. Side of chili garlic and soy.	
<b>GF House Salad</b>	<b>SM: 5.24      LG: 9.05</b>
Choice of Ranch, Italian, Raspberry Vinaigrette or Balsamic Vinaigrette Arugula, spinach, jicama, carrots, red peppers, mandarins and pumpkin seeds.	
<b>Caesar Salad</b>	<b>SM: 5.48      LG: 9.29</b>
Romaine, kale, crisp bacon, parmesan and sliced egg. Served with garlic crostini.	
<b>Salad Add Ons</b>	
Chicken	+3.81

All Sandwiches, Delicious Burgers and Entrees (except Olympic Salad and pasta) are served with your choice of house cut fries, yam fries, caesar salad, house salad, veggies, or onion rings.  
Pickle fries - Add 1.50

## SANDWICHES

<b>B.L.T.</b>	<b>10.48</b>
Crisp bacon, lettuce and tomato.	
Add Avocado	+2.38
<b>Clubhouse</b>	<b>12.86</b>
Your classic triple decker.	
<b>Turkey Avocado Wrap</b>	<b>12.86</b>
Sliced roasted turkey, avocado, spinach, red peppers, jack cheese, and cranberry aioli spread.	
<b>Italian Meatball Sub</b>	<b>13.33</b>
In house made beef, pork, and veal meatballs stuffed inside a fresh baguette covered in zesty marinara and baked golden with mozzarella and parmesan. Topped with fresh basil.	
<b>Beef Brisket Sandwich</b>	<b>16.43</b>
Braised Smoked Brisket piled on a fresh toasted baguette. Served with Jus for dipping, white BBQ sauce and Cajun slaw.	

## DELICIOUS BURGERS

All burgers are 100% fresh ground Alberta beef 8oz. patties, garnished with lettuce, tomato, onion, pickles and mayo.

**GLUTEN FREE BUN AVAILABLE +\$1.50**

<b>Black Bean Veggie Burger</b>	<b>13.33</b>
Lettuce, tomato, pickle, cheese and mayo.	
<b>Chicken Burger</b>	<b>13.81</b>
Grilled chicken breast, bacon, cheddar cheese, lettuce, tomato and mayo.	
<b>Bacon Cheeseburger</b>	<b>14.29</b>
<b>Olympic Burger</b>	<b>15.24</b>
Bacon, mushroom, cheese and BBQ sauce. The ultimate!	
<b>Turkey Burger</b>	<b>15.24</b>
Fresh ground turkey, arugula, jack cheese, avocado slices and cranberry aioli.	
<b>Panko Salmon Burger</b>	<b>15.24</b>
Fresh ground Atlantic salmon patty with herbs, made in house grilled with panko crust. Spinach, tomato, pickled red onion, and red pepper tartar.	

## ENTREES

<b>Chicken Quesadilla</b>	<b>13.33</b>
A grilled flour tortilla. Chicken, tomatoes, green onions, spinach and cheese.	
<b>GF Cobb Salad</b>	<b>14.29</b>
Fresh greens, grilled chicken, sliced egg, avocado, tomatoes, crisp bacon, red onion and feta cheese. Served with your choice of dressing.	
<b>Spaghetti &amp; Meatballs</b>	<b>14.29</b>
A classic with our house made veal, pork and beef meatballs. Served with garlic toast.	
<b>GF Oilympic Salad</b>	<b>15.95</b>
Jullienne 6oz AAA sirloin steak a top our house salad cooked to your liking.	
<b>Steak Sandwich</b>	<b>15.95</b>
A 6oz AAA sirloin steak on garlic toast, topped with sautéed mushrooms and onions.	
Add Prawns	+4.05



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## PIZZA

9" Gluten Free Pizza Available.

+1.90

	8" Personal	12" To Share
<b>Cheese</b>	<b>10.71</b>	<b>14.76</b>
<b>Pepperoni</b>	<b>11.66</b>	<b>15.95</b>
<b>Hawaiian</b>	<b>12.62</b>	<b>17.14</b>
<b>PMG</b> Pepperoni, mushrooms, and green peppers.	<b>12.62</b>	<b>17.14</b>
<b>Wild Rose</b> Chorizo sausage, spinach, red onions, red peppers and mushrooms. Drizzled with Sriracha mayo.	<b>12.62</b>	<b>17.14</b>
<b>Pierogi Pizza</b> Sour cream base, mixed cheese, thin sliced potato and bacon. Topped with fresh green onion.	<b>13.57</b>	<b>17.62</b>
<b>BBQ Chicken Pizza</b> BBQ sauce base, grilled chicken, red onion, mozzarella and gouda. Topped with cilantro.	<b>13.57</b>	<b>17.62</b>
<b>All Meat</b> Pepperoni, ham, bacon, ground beef and chorizo sausage.	<b>14.29</b>	<b>19.52</b>
<b>Oilympics Special</b> Ham, pepperoni, mushroom, tomatoes, black olives, and green peppers.	<b>14.29</b>	<b>19.52</b>
<b>Philly Cheesesteak Pizza</b> Slowly braised beef brisket, red onion, mushroom, green pepper and jalapeño, topped with mozzarella and swiss cheese. White BBQ sauce base.	<b>14.29</b>	<b>19.52</b>

## KIDS MENU

<b>Chicken Fingers &amp; Fries</b> 2 pieces	<b>7.62</b>
<b>Grilled Cheese &amp; Fries</b>	<b>7.62</b>
<b>Mac &amp; Cheese</b> Blend of cheeses, topped with parmesan. Served with garlic toast.	<b>7.86</b>
<b>Hot Dog &amp; Fries</b>	<b>7.86</b>
<b>Sliders &amp; Fries</b>	<b>7.86</b>

## DESSERTS

<b>Ice Cream Float</b> Two scoops of vanilla ice cream, with your choice of soda. Coca Cola, root beer, slime, or Fanta.	<b>5.71</b>
<b>Kit Kat Fries</b> Kit Kat chocolate rolled in a wrapper and deep fried. Sprinkled with sugar and served with caramel sauce for dipping. 4 per order.	<b>6.66</b>
<b>Feature Dessert</b> Ask about our always changing feature.	



Be sure to visit our website for info on ice time bookings, public skating, pro shop, and to view our menu online.

[www.flamesca.com](http://www.flamesca.com)

\* 18% gratuity may apply to larger parties.  
(Ask your server for details)

## BREAKFAST MENU

Breakfast Served Until Noon on Saturday and Sunday.

<b>Toast &amp; Jam</b>	<b>2.38</b>
<b>Sides</b> Bacon, Sausage, Ham or Hash Brown.	<b>2.62</b>
<b>Breakfast Bun</b> Toasted kaiser bun stacked with fried egg, ham and cheese served hot.	<b>4.52</b>
<b>Breakfast Wrap</b> Scrambled egg, maple sausage, peppers, salsa, jack cheese. Served with hashbrowns.	<b>7.14</b>
<b>Flames Breakfast</b> Two eggs any style served with hash browns, toast and your choice of bacon, ham or sausages.	<b>8.10</b>
<b>Omelette</b> A fluffy three egg and cheese omelette, served with hash browns and toast.	<b>8.10</b>
<b>Build Your Own</b> Toppings (Please inquire)	<b>+0.71 to +1.43</b>

## DRINKS/TAP

Beer	Bottled Beer		
20 oz Pint	<b>6.90</b>	Domestic <b>5.95</b>	
60 oz Jug	<b>20.24</b>	Premium/Import <b>6.43</b>	
<b>Liquor</b>	Single (1 oz)	Double (2 oz)	
Rum (Appleton®)	<b>5.95</b>	<b>9.5</b>	
Rye (Crown Royal®)	<b>5.95</b>	<b>9.5</b>	
Vodka (Skyy®)	<b>5.95</b>	<b>9.5</b>	
Gin (Bombay Sapphire®)	<b>5.95</b>	<b>9.5</b>	
<b>Wine</b>	6 oz	9 oz	Bottle (750ml)
White (Selection May vary)	<b>8.81</b>	<b>11.66</b>	<b>30.48</b>
Red (Selection May vary)	<b>8.81</b>	<b>11.66</b>	<b>30.48</b>
			Stiegal Radler <b>7.14</b> (2.5% Alcohol, 500ml)
			Smirnoff Ice <b>6.43</b> (5 % Alcohol, 330ml)
			StrongBow <b>7.14</b> (5.3% Alcohol, 500ml)
			Guinness <b>7.14</b> (4.2% Alcohol, 500ml)
			Ceaser (Skyy Vodka) <b>6.90</b> (1 oz Single)

## NON-ALCOHOLIC

<b>Coffee</b>	<b>1.91</b> (12oz)	<b>2.38</b> (16oz)	Free Refills
<b>Tea</b>			<b>2.38</b>
<b>Bottled Water</b>			<b>2.38</b>
<b>Bottled Pop</b>			<b>2.38</b>
<b>Juice</b>			<b>2.62</b>
<b>Glass Bottle Pop</b>			<b>2.62</b>
<b>Chocolate Milk</b>			<b>2.75</b>
<b>Powerade®</b>			<b>2.62</b>
<b>Fountain Pop</b>	<b>1.91</b> (16oz)	<b>2.62</b> (24oz)	Free Refills
<b>Vitamin Water®</b>			<b>3.10</b>
<b>Monster Energy®</b>			<b>3.57</b>
<b>Non Alcoholic Beer</b> (0.5% Alcohol)			<b>4.29</b>

GF GLUTEN FREE

ALL PRICES DO NOT INCLUDE GST