



# OLYMPIC'S RESTAURANT & LOUNGE

## APPETIZERS

GF **Veggies and Dip** 12.00  
Assorted fresh vegetables with a side of ranch dip.

GF **Poutine** Small 7.00 Large 10.00  
House cut fries, cheese curds, gravy.

**Gyoza** 12.00  
6 mini shrimp dumplings served with sesame soy and sriracha.

**Crispy Chili Chicken** 14.00  
Sweet chili chicken with black sesame and green onion.  
Tofu option available.

**Chicken Fingers** 16.00  
(5) Served with fries and plum sauce.

GF **Chicken Wings** 17.50  
One pound of wings served with vegetables and a side of ranch.  
Flavours: Hot, Honey Garlic, Salt and Pepper, Garlic Parmesan, Lemon Pepper and Honey Hot.

**Thai Chicken Lettuce Wraps** 18.00  
Chicken, mushrooms, onions, fried noodles, carrots, cilantro and cashews served with lettuce boats, hoisin and sriracha dipping sauce.

**Fish Tacos** 14.75  
Cajun fried tender pieces of basa on three grilled mini flour tortillas. Served with a fresh mango salsa, slaw, cilantro and lime.

GF **Nachos** Half 12.00 Full 22.00  
Cheddar and Monterey Jack cheese with tomatoes, green onions, banana peppers, black olives, sour cream and salsa.  
  
Add Guacamole 4.00  
Add Chicken or Beef 5.00  
Add Extra Cheese 4.50

## SOUP & SALAD

**Feature Soup** Cup 5.00 Bowl 8.00

**Wonton Soup** 14.75  
Pork filled wontons, prawns, vegetables, noodles and broth. Served with a side of chili garlic and soy.

**Caesar Salad** Small 7.00 Large 12.50  
Bacon, grana podano, crostini and Asiago dressing.

**Blackened Corn and Kale Salad** 13.25  
Charbroiled corn, crisp kale, chickpeas, heirloom tomatoes, cucumbers, carrots, sesame Thai dressing and slivered almonds.

GF **Cobb Salad** 16.50  
Fresh greens, grilled chicken, sliced egg, avocado, tomatoes, crisp bacon, red onion and mixed cheese. Served with your choice of dressing.

**Dressing Choices:**  
Ranch, balsamic and feature dressing.

**Protein**  
Add Chicken Breast 5.00  
Add Shrimp (4) 8.00  
Add Sirloin Steak 13.00

All Sandwiches, Delicious Burgers and Entrees (except rice bowls) are served with your choice of house cut fries, yam fries, Caesar salad, house salad, onion rings or veggies.

## SANDWICHES

**Clubhouse** 16.50  
Your classic triple decker.

**Turkey Avocado Wrap** 16.50  
Sliced turkey, avocado, spinach, red peppers, provolone cheese and cranberry aioli spread.

**Olympics Beef Dip** 24.00  
Tender brisket, onion jam, gouda, garlic mayo, and arugula served on ciabatta.

Plain option available. Brisket on ciabatta. 20.00

**Chicken Ciabatta** 18.00  
Grilled chicken breast, smoked gouda, avocado, lettuce, tomato and pesto mayo.

## DELICIOUS BURGERS

All burgers are 8oz of 100% fresh Alberta ground beef. Garnished with lettuce, tomato, onion, pickles and Olympics Signature sauce.

**GLUTEN FREE BUN AVAILABLE + \$3.50**

**Bacon Cheeseburger** 18.50

**Olympic Burger** 19.25  
Bacon, mushroom, cheese and BBQ sauce. The ultimate!

**Beyond Burger** 17.50  
100% plant based patty with fresh mango salsa.

## ENTREES

**Chicken Quesadilla** 16.50  
Grilled flour tortilla with chicken, tomatoes, green onions, spinach and cheese.

GF **Baja Shrimp Bowl** 19.00  
Jasmine rice, Cajun shrimp, avocado, cucumbers, tomatoes, black beans, corn, cilantro, crispy tortilla strips and sriracha mayo.  
Tofu option available.

**Ginger Chicken Bowl** 19.00  
Julienne vegetables, crispy chicken, sweet ginger sauce and rice.

**Steak Sandwich** 24.00  
8oz Sterling, garlic baguette, and seasonal vegetables.

**Fish & Chips** 1 pc 16.00 2 pc 25.00  
Haddock, served with a side of slaw and tartar sauce.



Be sure to visit our website for info on ice time bookings, public skating, and to view our menu online.  
[www.flamesca.com](http://www.flamesca.com)



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## PIZZA

9" Gluten Free Crust Available.		+2.75
	8" Personal	12" To Share
Cheese	11.50	16.50
Pepperoni	13.00	17.50
Hawaiian	14.25	19.50
PMG	14.50	19.50
Pepperoni, mushrooms, and green peppers.		
BBQ Chicken	15.75	21.50
BBQ sauce base, chicken, red onions, green peppers, cheddar and cilantro.		
All Meat	15.75	21.50
Pepperoni, ham, bacon, ground beef and chorizo sausage.		
Olympics Special	15.75	21.50
Ham, pepperoni, mushrooms, tomatoes, black olives and green peppers.		
Wildrose	15.75	21.50
Chorizo sausage, mushrooms, red onions, spinach and sriracha mayo.		

## KIDS MENU

Substitutions for sides	+1.75
Grilled Cheese & Fries	9.50
Mac & Cheese	8.50
Hot Dog & Fries	8.50
Sliders & Fries	8.50
Quesadilla & Fries	8.50
Chicken Fingers & Fries	11.00
2 pieces	

## DESSERTS

### Feature Dessert

Ask about our always changing feature.



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## BREAKFAST MENU

Breakfast served until noon on Saturday and Sunday.

### Sides

Hashbrowns.	2.75
Bacon, sausage or ham.	4.00

### Breakfast Bun

Toasted brioche bun stacked with fried egg, ham and cheese served hot.	6.00
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### B.E.L.T

Bacon, egg, lettuce and tomato served on a toasted brioche bun.	6.50
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### Junior Flames Breakfast

1 scrambled egg, bacon and hashbrowns.	8.25
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### Flames Breakfast

Two eggs any style served with hashbrowns, toast and your choice of bacon, ham or sausages.	11.00
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### Olympics Omelette

Chorizo sausage, peppers, onions, mushrooms and cheese. Served with hashbrowns and toast.	13.00
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### Breakfast Poutine

Hashbrowns, fried egg, bacon, green onion topped with hollandaise.	12.00
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## DRINKS / TAP

### Beer

20oz Pint	8.75
60oz Jug	25.00

### Liquor

	Single (1 oz)	Double (2 oz)
Rum (Appleton <sup>®</sup> )	7.00	11.00
Rye (Crown Royal <sup>®</sup> )	7.00	11.00
Vodka (Smirnoff <sup>®</sup> )	7.00	11.00
Gin (Gnu <sup>®</sup> )	7.00	11.00

### Bottled Beer

Domestic	7.00
Premium/Import	7.50
Hard Seltzers (5% Alcohol, 330ml)	7.50
Caesar (Smirnoff <sup>®</sup> ) (1oz Single)	8.50
Stiegal Radler <sup>®</sup> (2.5% Alcohol, 500ml)	8.50
Strongbow <sup>®</sup> (5.3% Alcohol, 440ml)	8.50
Guinness <sup>®</sup> (4.2% Alcohol, 440ml)	8.50
Gluten Free	8.50

### Wine

	6 oz	9 oz	Bottle (750ml)
White (Selection may vary)	12.50	15.25	37.50
Red (Selection may vary)	12.50	15.25	37.50
Rose (Selection may vary)	12.50	15.25	

## NON-ALCOHOLIC

Coffee	(12oz) 2.00
	(15oz) 2.50
Free Refills	
Bottled Water	2.50
Tea	2.50
Bottled Pop	2.75
Bottled Juice	3.25
Chocolate Milk	3.25
Gatorade <sup>®</sup>	3.25
Fountain Pop	(21oz) 4.00
Free Refills	
Bubly <sup>®</sup>	(473ml) 2.75